



## Signs of Understanding

### A guided group discussion

1.



Dr. Garcia models the sign for “water.” Making eye contact and signing in the baby’s field of vision is essential.

2.



Sienna is signing “medicine” and showing that she needs it for her teeth. She is making her needs known before she can talk!

3.



Hal is signing his version of “more.” Babies will use approximations. Learn to recognize your baby’s signs.

4.



Savannah signs “eat” to her parents when she’s hungry. She is using signs in the correct context.

5.



Timothy, a preschooler, is signing “tiger.” Children love animal signs! Childcare staff reports reduced biting and hitting when children can sign.

6.



Ana signs “milk” to get a glass of milk. Signing can empower babies to express their specific needs and wants, reducing some of the guesswork in parenting.